



Since 1971  
 4709 Airline Drive  
 Metairie, LA 70001

[www.swim-smart.net](http://www.swim-smart.net)  
 504-909-2220

E-Mail: [teacher@swim-smart.net](mailto:teacher@swim-smart.net)



In Harry's Dive Shop's 40<sup>th</sup> year of business, we welcomed *Swim-Smart*, the area's premier year round swimming lesson program - a tried and proven method. (\$25 annual registration fee)

**WHAT:** Swimming lessons for practically everyone ages 6 months and up

**WHERE:** The indoor, heated, Junior Olympic pool at Harry's Dive Shop

**WHY:** Because SWIMMING is a *life skill*, *not* a luxury.

**HOW:** Water temp 88 degrees - 4 students maximum per class  
 Teachers are CPR, 1<sup>st</sup> Aid, and Oxygen Administration trained  
 30 minute swim lesson every week for only \$83/mo  
 Teachers follow a written lesson plan for uniform continuity  
 Our teachers have 75+ combined years of in-water experience

**Baby & Me:** ages 6 months - 35 months. Must have adult in water with child.

**AquaBaby:** ages 2 and 3. Must have completed Baby & Me. Adult is present but does not get in the water.

**Level I:** ages 3-17. No prior swimming experience required. Aqua Tike I, II, III (age 3), Preschool and Advanced Preschool (ages 4-5), Beginner I (ages 5-17), Beginner II and III (ages 4-17),

**Level II:** ages 5-17. Teaches technique and competitive strokes. Intermediate I (ages 5-17), Intermediate II (ages 6-17), Advanced (ages 7-17) Advanced II (ages 8-17)

**Adult:** ages 18+ Beginners require no prior experience. Adult Advanced teaches technique and competitive strokes.

**Monday, Tuesday, Thursday and Friday**

Available times for children: 10:00a - 5:30p  
 Available times for adults: 10:00a - 8:00p

**Saturday**

Available times for children: 9:00a - 10:30a  
 Available times for adults: 10:00a - 4:30p

A 30 minute lesson every week helps babies/children/adults gain comfort and confidence.

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The novelty of swimming lessons only once a week makes it more fun than going to lessons every day *and* is easier on the adults' schedules.

Our 30 minute classes offer just enough time to catch the swimmers' attention and still not tire them out too much.

The progression of lessons is reinforced through weekly repetition. It has been shown that swimmers retain their newly learned skills longer. A regular routine helps make swimmers more comfortable and confident in the water.

***The American Pediatric Association is concerned with parents having a false sense of security with regard to young children who learn to swim very quickly, such as an everyday class for a few weeks followed by nothing.***

If you are 10 minutes late for lessons, you are considered a *NO SHOW*.

Children under age 4 are required to wear reusable swim pants.

If you do not already have a pair, we sell them for \$16.

They are reusable, adjustable and available in XS SM MD LG XL

We cannot permit the use of disposable swim pants or diapers.

When registering for swimming lessons, you must pay for the rest of the month in which you begin PLUS the entire next month.

If the month has 5 of your days in it, you WIN an extra session at no charge.

Monies are due the 1<sup>st</sup> of each month.

If you DO NOT COMMIT to the following month before the end of your paid lessons, you may lose your time slot.

Currently active students are given scheduling priority.

We accept cash, checks and ALL major credit cards.

MC VISA AMEX DISCOVER

504-909-2220      ***www.SWIM-SMART.net***      504-888-4882

Swim-Smart @ Harry's

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*www.harrysdiveshop.com*